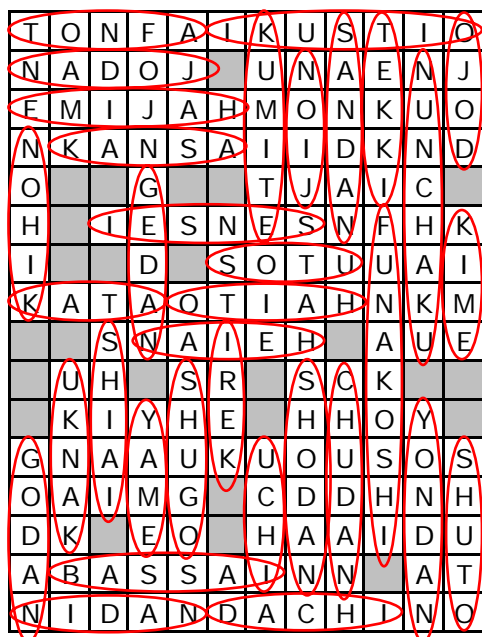


## Renkatsu Karate Club Christmas Wordsearch



### WORDS

### MEANING

<b>BASSAI</b>	Kata - To storm a fortress
<b>CHUDAN</b>	Chest or mid level
<b>DACHI</b>	Stance
<b>DOJO</b>	Training Hall
<b>FUNAKOSHI</b>	Gichin Funakoshi founded Shotokan Karate
<b>GEDAN</b>	Low level
<b>GODAN</b>	5th Level
<b>HAITE</b>	Ridge hand technique
<b>HAJIME</b>	Start
<b>HEIAN</b>	Kata - Heavenly form
<b>JON</b>	Kata - Temple bells
<b>JODAN</b>	Chin or Upper level
<b>KANKU</b>	Kata - To view the sky
<b>KANSA</b>	Arbitrator
<b>KATA</b>	Choreographed moves
<b>KERI</b>	Kick
<b>KIHON</b>	Basic
<b>KIME</b>	Focus or tensing
<b>KUMITE</b>	Pairwork or sparring
<b>NIDAN</b>	2nd Level
<b>NUNCHAKU</b>	Weapons made of 2 sticks joined by rope or chain
<b>OTSUKI</b>	Stepping punch
<b>SANDAN</b>	3rd Level
<b>SENSEI</b>	Teacher
<b>SHIAI</b>	Competition
<b>SHODAN</b>	1st Level
<b>SHUGO</b>	Mirror Judge in Kumite
<b>SHUTO</b>	Knife hand technique
<b>SOTU</b>	Outside
<b>TEKKI</b>	Kata - Iron horse
<b>TONFA</b>	Weapons - side arm baton
<b>UCHI</b>	Inside
<b>YAME</b>	Stop
<b>YONDAN</b>	4th Level