

Open Karate Course - Sensei Harry Cook

£10.00 | 12:00 – 16:00 Sat 16th Feb & 10:00 – 14:00 Sun 17th Feb | Frodsham Leisure Centre

To celebrate Renketsu's 1000th class on Sunday 17th February, we are hosting an open karate course, with special guest instructor Sensei Harry Cook (7th Dan) of the Seijinkai Karate-do Association, at Frodsham Leisure Centre on both the Saturday (16th Feb) and the Sunday (17th Feb).

The cost of the course is discounted for ESKA students to £10 per person per day.

Sensei Cook is a celebrated author and his books include A Precise History of Shotokan, on which Sensei Cook will give a short talk during the weekend. Sensei Cook teaches both Shotokan and Goju Ryu karate and we hope that this course will be different and informative for everyone who attends, and most of all – fun!

The course is open to both children (purple belt or above) and adults (any grade).

There will be a meal (adults only) on the Saturday evening (details to be arranged).

Please let us know if you are interested in attending.

For more details, please see the 'calendar' page on the website.

Winter Shinsa (Grading)

£10.00 | 13:00 to 15:30 | Sandymoor Hall | Sun 24th Feb

Renketsu's first grading of 2008 will be held on Sunday 24th February 2008 at Sandymoor Hall starting at 13:00, with Sensei Keith officiating. As always, Sensei will discuss your grading with you personally before hand. If you are not grading, you are welcome to come along & train (like a mock grading) for the usual £3.00. Please arrive promptly.

Black belt gradings cost £30.00

Thank You

We would like to say "Thank You" for all of the Christmas presents and cards that people bought for us and for Elizabeth!

JUURAI MARTIAL ARTS: NEWSLETTER

従来 *Traditional Training*

Jan-Feb 2008

HAPPY★NEW★YEAR

January						
Mo	Tu	We	Th	Fr	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February						
Mo	Tu	We	Th	Fr	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

News Headlines – Full details inside.

- *New Year, New Organisation Name*
- *Annual Kata Competition & Awards Ceremony*
- *Christmas Crossword Competition*
- *Thank You*

Upcoming courses and events – Full details inside.

- *Weapons Training – New Tuesday Class*
- *Open Karate Course - Sensei Harry Cook*
- *Winter Shinsa (Grading)*

Contact Details:

Andy Wilkinson (4thDan) Email: JMA@andywilkinson.me.uk
Tel: 07939 468 968 Web: www.andywilkinson.me.uk

New Year, New Organisation Name

As you may have noticed, there's a new name & header on the front of our newsletter.

This is because we have introduced a new parent organisation, Juurai Martial Arts (Juurai means *traditional*).

This is to bring both of our clubs, Renketsu Karate Club and Ketsui Ryukyu Kobujutsu Club, closer together, but will not affect our training, or the cost of training!

We are in the process of opening a bank account for the new organisation and will let you know once this has been done. In the meantime, please continue to make any cheques payable to 'Andy Wilkinson'.

We will also be introducing a new badge, which will be issued to new students once it's available – you don't have to replace your current badge though – these will remain in use!



Both clubs will remain part their respective associations, Renketsu will still be part of the Sangaku Karate Group and ESKA and Ketsui will still be a satellite club of the Birmingham Ryukyu Kobujutsu Club and a member of the RKAGB.

We've also changed our website, although all of our details can still be found on the Sangaku Karate Group website (www.sangakukaratigroup.co.uk), we now have our own dedicated website at www.andywilkinson.me.uk. **We will add any updates to our website, as soon as they happen.** There is calendar section with all of our courses for the coming year (including dates, times and locations) listed, as well as all of the grading dates!

If you have any questions about the new organisation, please feel free to ask!

Annual Kata Competition & Awards

The Annual Kata Competition and Awards Ceremony was held at Preston Brook Village Hall on Sunday 9th December 2007.

The U16's competition results were:

1 st Place	Sensei Jordan Stoba
2 nd Place	Ellis Lewis
3 rd Place (joint)	Sensei Craig Leicester
3 rd Place (joint)	Peter Garster

Congratulations to the teams that won 1st, 2nd and 3rd place in the team kata competition, unfortunately there isn't space to name everyone!

Our 10 annual awards in 2007 were presented as follows:

<i>Student of the year</i>	Sensei Craig Leicester
<i>Most Improved Student</i>	Peter Garster
<i>Adult Beginner of the year</i>	Stewart Gordon
<i>Young Beginner of the year</i>	Nathan Lewis
<i>Wisdom Award</i>	Karl Ashton
<i>Discipline Award</i>	Sensei Jordan Stoba
<i>Knowledge Award</i>	Oliver Bridson
<i>Spirit Award</i>	Declan O'Hara
<i>Attendance Award</i>	Ellis Lewis
<i>Sensei's Award</i>	Georgia Wrycraft

Congratulations to you all!

Christmas Crossword Competition

Closing date for entries was Thursday 10th January. The winners were Eddie Birch, Matthew Hughes and Will Ellison. The solution will be posted on the JMA website on the members page (www.andywilkinson.me.uk/members.htm).

Weapons Training – New Class

£2.00 | 20:30 to 21:30 | Hill View School | Tuesday

Ketsui will be starting a new Tuesday class from 8.30pm – 9.30pm at Hill View School. The date of the first class is yet to be confirmed, keep checking the website & we'll let you know as soon as we can! Over 16's only – Bo hire available.